

2019 Rider 5-Way Meet - 3/30/2019

Live Results available at RESULTS.MDTIMINGLLC.COM

Rider University

Results

Women 100 Meter Dash

ECAC/IC4A: 12.08 &

Name	Yr	School	Finals
Finals			
1 #20 Smith, Kyla	JR	Fairleigh Di	12.67 10
2 #440 Stokes, Aliyah	JR	St. Joseph's	12.74 8
3 #182 Walker, Genesis	FR	Rider	12.78 6
4 #135 Assongba, Yvette	FR	Rider	12.82 5
5 #11 Griffith, Daniella	FR	Fairleigh Di	12.96 4
6 #46 Abunaw, Kelley	FR	Fordham	13.02 3
7 #351 Wade, Tanaya	SR	Sacred Heart	13.16 2
8 #151 Dillard, Gabbi	FR	Rider	13.17 1
9 #429 Nkwonta, Ginika	FR	St. Joseph's	13.20 -2.3
10 #312 Forcucci, Adriana	JR	Sacred Heart	13.37 -4.0
11 #417 Insalaco, Cece	FR	St. Joseph's	13.48 -2.1
12 #145 Butler, Ylexis	SO	Rider	13.66 -2.3
13 #159 Holland, Trinity	FR	Rider	13.73 -2.1
14 #438 Spallanzani, Samantha	JR	St. Joseph's	13.88 -2.1
15 #50 Bell, Kaley	FR	Fordham	13.96 -2.3
16 #338 Okoroafor, Olivia	SO	Sacred Heart	14.05 -2.1
17 #340 Rampersad, Ahjante	FR	Sacred Heart	14.13 -2.3
18 #332 Laird, Makayla	FR	Sacred Heart	14.71 -2.3

Women 200 Meter Dash

ECAC/IC4A: 24.74 &

Name	Yr	School	Finals
Finals			
1 #14 Lewis, Jazmyn	SO	Fairleigh Di	25.90 10
2 #11 Griffith, Daniella	FR	Fairleigh Di	26.24 8
3 #2 Caul, Shaniyah	SO	Fairleigh Di	26.27 6
4 #146 Castronovo, Sophia	FR	Rider	26.55 5
5 #20 Smith, Kyla	JR	Fairleigh Di	26.58 4
6 #420 Liebl, Kelly	SR	St. Joseph's	26.67 3
7 #397 Bourdeau, Nathaniela	SR	St. Joseph's	26.82 2
8 #169 Morales, Alenys	FR	Rider	26.93 1
9 #9 Freeman, Sarakaye	JR	Fairleigh Di	26.93 -2.7
10 #415 Hess, Karley	JR	St. Joseph's	27.10 -2.7
11 #46 Abunaw, Kelley	FR	Fordham	27.47 -2.7
12 #434 Recchilungo, Sophia	JR	St. Joseph's	27.51 -3.5
13 #159 Holland, Trinity	FR	Rider	27.62 -3.5
14 #179 Shearer, Alexis	SR	Rider	27.77 -3.4
15 #351 Wade, Tanaya	SR	Sacred Heart	27.83 -2.5
16 #429 Nkwonta, Ginika	FR	St. Joseph's	28.01 -3.5
17 #145 Butler, Ylexis	SO	Rider	28.41 -3.5
18 #144 Butler, Samantha	FR	Rider	28.55 -3.4
19 #411 Forrest, Alicia	SO	St. Joseph's	28.59 -3.5
20 #438 Spallanzani, Samantha	JR	St. Joseph's	28.76 -3.5
21 #319 Jacobsen, Lisa	FR	Sacred Heart	29.26 -3.4
22 #340 Rampersad, Ahjante	FR	Sacred Heart	29.35 -3.4
23 #50 Bell, Kaley	FR	Fordham	29.40 -3.4
24 #404 Clayton, Emily	JR	St. Joseph's	29.78 -3.4
25 #52 Caucci, Mary Kate	JR	Fordham	29.88 -3.5
26 #332 Laird, Makayla	FR	Sacred Heart	30.56 -3.4
27 #15 Morton, Breasha	SR	Fairleigh Di	44.59 -2.5

Women 400 Meter Dash

ECAC/IC4A: 56.44 &

Name	Yr	School	Finals
Finals			
1 #14 Lewis, Jazmyn	SO	Fairleigh Di	56.88 10
2 #397 Bourdeau, Nathaniela	SR	St. Joseph's	57.26 8
3 #146 Castronovo, Sophia	FR	Rider	58.12 6
4 #15 Morton, Breasha	SR	Fairleigh Di	58.36 5
5 #398 Bourdeau, Tamar	JR	St. Joseph's	1:01.23 4
6 #179 Shearer, Alexis	SR	Rider	1:01.74 3
7 #329 King, Devyn	SO	Sacred Heart	1:01.81 2
8 #49 Beggins, Dana	SO	Fordham	1:01.98 1
9 #9 Freeman, Sarakaye	JR	Fairleigh Di	1:02.98
10 #411 Forrest, Alicia	SO	St. Joseph's	1:03.99
11 #68 Jones, Jillian	SO	Fordham	1:04.46
12 #80 Piccini, Angelica	FR	Fordham	1:04.89
13 #66 Hickey, Leah	SR	Fordham	1:05.99
14 #17 Price, Madeline	JR	Fairleigh Di	1:06.03
15 #347 Torres, Shannon	SO	Sacred Heart	1:07.22
16 #56 Corthell, Kaia	JR	Fordham	1:07.27

Women 800 Meter Run

ECAC/IC4A: 2:11.94 &

Name	Yr	School	Finals
Finals			
1 #180 Siegle, Kristin	JR	Rider	2:18.09 10
2 #143 Boucher, Paris	SO	Rider	2:20.23 8
3 #414 Harmon, Lucy	SR	St. Joseph's	2:21.86 6
4 #304 De Lucia, Bianca	JR	Sacred Heart	2:22.15 5
5 #416 Higgins, Monica	JR	St. Joseph's	2:23.54 4
6 #54 Connolly, Helen	FR	Fordham	2:23.85 3
7 #85 Valentine, Dominique	FR	Fordham	2:24.45 2
8 #400 Bracken, Emily	JR	St. Joseph's	2:24.97 1
9 #432 Podles, Claire	SO	St. Joseph's	2:26.76
10 #330 Kneski, Olivia	FR	Sacred Heart	2:28.10
11 #331 Koenig, Julia	SO	Sacred Heart	2:28.58
12 #87 White, Bridget	SO	Fordham	2:29.32
13 #441 Urbach, Michaela	JR	St. Joseph's	2:29.66
14 #12 Jepakogei, Stella	JR	Fairleigh Di	2:30.16
15 #349 Vega, Gabrielle	SO	Sacred Heart	2:30.52
16 #393 Addario, Shannon	FR	St. Joseph's	2:30.92
17 #433 Rankin, Sara	SR	St. Joseph's	2:31.06
18 #345 Thibodeau, Brenna	SO	Sacred Heart	2:31.09
19 #158 Greenfield, Mackenzie	JR	Rider	2:31.96
20 #300 Ciesluk, Kaylin	SO	Sacred Heart	2:33.15
21 #431 Patten, Morgan	SO	St. Joseph's	2:36.64
22 #421 Maguire, Maggie	JR	St. Joseph's	2:37.14
23 #155 Gallo, Hannah	SR	Rider	2:38.85
24 #419 Lasko, Carlee	FR	St. Joseph's	2:40.54
25 #149 Cummings, Kelsey	SO	Rider	2:41.44

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Rider University

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Women 1500 Meter Run

ECAC/IC4A: 4:34.24 &

Name	Yr	School	Finals
Finals			
1 #173 Pavicic, Peri	JR	Rider	4:46.12 10
2 #178 Schein-Becker, Teagan	FR	Rider	4:46.53 8
3 #19 Searles, Jade	JR	Fairleigh Di	4:47.59 6
4 #74 McCormack, Kate	SR	Fordham	4:49.63 5
5 #430 Oremus, Lindsey	SR	St. Joseph's	4:51.03 4
6 #410 Estes, Elaine	SR	St. Joseph's	4:53.51 3
7 #47 Alex, Bridget	FR	Fordham	4:58.08 2
8 #400 Bracken, Emily	JR	St. Joseph's	5:02.04 1
9 #437 Silva, Abigail	SO	St. Joseph's	5:02.24
10 #147 Chinery, Katie	SR	Rider	5:03.64
11 #435 Schaeffer, Emily	JR	St. Joseph's	5:05.60
12 #134 Arguien, Haley	FR	Rider	5:06.67
13 #60 Elwood, Blake	SR	Fordham	5:08.51
14 #12 Jepakogi, Stella	JR	Fairleigh Di	5:20.55
15 #405 Del Rio, Elizabeth	SR	St. Joseph's	5:22.96
16 #65 Herms, Julia	JR	Fordham	5:23.48
17 #13 Kipkorir, Sylvia	JR	Fairleigh Di	5:26.03
18 #403 Clarke, Casey	FR	St. Joseph's	5:26.87
19 #436 Sheldon, Victoria	FR	St. Joseph's	5:28.36
20 #334 Lynch, Victoria	JR	Sacred Heart	5:31.33
21 #55 Coppinger, Kelsey	SR	Fordham	5:36.25
22 #422 Martin, Ashley	FR	St. Joseph's	5:39.11
23 #407 Donahue, Julia	SR	St. Joseph's	5:43.02

Women 3000 Meter Run

ECAC/IC4A: 10:00.24 &

Name	Yr	School	Finals
Finals			
1 #430 Oremus, Lindsey	SR	St. Joseph's	10:33.33 10
2 #428 Nguyen, Thi	SO	St. Joseph's	10:41.47 8
3 #299 Cary, Emma	SR	Sacred Heart	10:45.83 6
4 #412 Gagliardi, Britton	SR	St. Joseph's	10:47.06 5
5 #396 Barrett, Rose	JR	St. Joseph's	10:53.43 4
6 #423 Mayers, Samantha	JR	St. Joseph's	10:55.48 3
7 #322 Kaiser, Angela	FR	Sacred Heart	10:56.59 2
8 #323 Kattman, Gaelyn	SO	Sacred Heart	10:57.82 1
9 #395 Bamford, Gabriella	FR	St. Joseph's	11:11.91
10 #355 Wilder, Bonnie	SO	Sacred Heart	11:29.84
11 #181 Vassalotti, Gabriella	JR	Rider	11:35.61
12 #328 Kimball, Delaney	JR	Sacred Heart	11:40.92
13 #413 Gostovich, Alexa	SO	St. Joseph's	11:48.06
14 #63 Hanrahan, Kieran	SR	Fordham	11:49.98
15 #13 Kipkorir, Sylvia	JR	Fairleigh Di	11:58.33
16 #309 Dupuis, Sarah	FR	Sacred Heart	12:02.58
17 #425 McGuire, Erin	SR	St. Joseph's	12:18.09
--- #295 Arsenault, Kelly	FR	Sacred Heart	DNF
--- #150 DelVecchio, Sydney	SO	Rider	DNF

Women 100 Meter Hurdles

ECAC/IC4A: 14.54 &

Name	Yr	School	Finals
Finals			
1 #156 Gardner, Sara	SR	Rider	13.95& 10
2 #135 Assongba, Yvette	FR	Rider	15.43 8
3 #7 Dwyer, Akemi	JR	Fairleigh Di	15.54 6
4 #141 Bigelow, Dyani	SO	Rider	15.55 5
5 #166 Kearney, Destiny	SR	Rider	16.61 4
6 #3 Charles, Gabrielle	SO	Fairleigh Di	16.72 3
7 #319 Jacobsen, Lisa	FR	Sacred Heart	17.39 2
8 #169 Morales, Alenys	FR	Rider	17.41 1

Women 400 Meter Hurdles

ECAC/IC4A: 1:03.04 &

Name	Yr	School	Finals
Finals			
1 #21 Watkins, Shanice	SO	Fairleigh Di	1:01.30& 10
2 #164 Johnson, Joshonda	SO	Rider	1:03.17 8
3 #140 Berry, Nicole	JR	Rider	1:03.55 6
4 #3 Charles, Gabrielle	SO	Fairleigh Di	1:04.59 5
5 #81 Schreib, Gabrielle	JR	Fordham	1:06.87 4
6 #141 Bigelow, Dyani	SO	Rider	1:08.88 3
7 #138 Benites, Andrea	FR	Rider	1:09.08 2
8 #354 Whichard, Fahra	FR	Sacred Heart	1:10.16 1
9 #157 Gebhardt, Jordyne	FR	Rider	1:11.53
10 #324 Kavarsky, Alexa	FR	Sacred Heart	1:14.55

Women 3000 Meter Steeplechase

ECAC/IC4A: 10:55.24 &

Name	Yr	School	Finals
Finals			
1 #83 Snow, Sydney	JR	Fordham	11:33.37 10
2 #57 Daniels, Sarah	FR	Fordham	11:36.62 8
3 #326 Kelly, Brigit	SO	Sacred Heart	12:17.89 6
4 #406 DeSousa, Joanna	JR	St. Joseph's	12:29.53 5
5 #172 Pampin, Michaela	SO	Rider	12:38.09 4
6 #336 Mannino, Danielle	JR	Sacred Heart	13:09.84 3
7 #342 Rondeau, Carly	SO	Sacred Heart	13:17.39 2
8 #339 Pirkil, Anna	FR	Sacred Heart	13:38.96 1

Women 4x100 Meter Relay

ECAC/IC4A: 48.04 &

Team	Relay	Finals
Finals		
1 Rider	A	48.51 10
2 St. Joseph's (Pa.)	A	48.90 8
3 Sacred Heart	A	50.23 6
4 Fordham	A	53.42 5
--- Fairleigh Dickinson	A	DQ

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ECAC/IC4A: 3:52.84 &

Team	Relay	Finals
Finals		
1 Fairleigh Dickinson	A	3:55.86 10
2 Rider	A	3:57.88 8
3 Fordham	A	4:01.11 6
4 St. Joseph's (Pa.)	A	4:03.12 5
5 Fairleigh Dickinson	B	4:12.30
6 Sacred Heart	A	4:13.45 4
7 Sacred Heart	B	4:20.61
8 St. Joseph's (Pa.)	C	4:26.00
9 St. Joseph's (Pa.)	B	4:29.28
10 St. Joseph's (Pa.)	D	4:34.45

Women High Jump

All measurements must be in Metric

Opening Height - 1.40m

1.40-1.45-1.50-1.55-1.60-1.65-1.70-1.73-1.76-1.79- 1.82- 1.85

ECAC/IC4A: 1.70m &

Name	Yr	School	Finals
Finals			
1 #156 Gardner, Sara	SR	Rider	1.65m 10
2 #142 Bithell, Quinn	JR	Rider	1.60m 8
3 #404 Clayton, Emily	JR	St. Joseph's	1.55m 6
4 #439 Stenbridge, Tori	SO	St. Joseph's	1.50m 5
5 #137 Bauer, Lindsay	JR	Rider	1.45m 4
6 #319 Jacobsen, Lisa	FR	Sacred Heart	1.40m 3
--- #176 Rodriguez, Yohanny	JR	Rider	NH

Women Pole Vault

All measurements must be in Metric

Opening Height - 2.80m

2.80-2.95-3.10-3.25-3.40-3.55-3.70-3.80-3.90

ECAC/IC4A: 3.70m &

Name	Yr	School	Finals
Finals			
1 #350 Vegliante, Amy	SR	Sacred Heart	3.40m 10
2 #162 Izzo, Daniella	JR	Rider	3.10m 8
3 #314 Glennon, Grace	FR	Sacred Heart	2.80m 6
4 #148 Cioppio, Samantha	FR	Rider	2.80m 5

Women Long Jump

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 5.70m &

Name	Yr	School	Finals
Finals			
1 #7 Dwyer, Akemi	JR	Fairleigh Di	5.84m& 10
2 #17 Price, Madeline	JR	Fairleigh Di	5.47m 8
3 #137 Bauer, Lindsay	JR	Rider	5.40m 6
4 #305 DeGennaro, Brianna	SO	Sacred Heart	5.37m 5
5 #318 Hoyos, Antonia	SO	Sacred Heart	5.36m 4
6 #404 Clayton, Emily	JR	St. Joseph's	5.31m 3

7	#8 Dwyer, Anika	JR	Fairleigh Di	5.23m	2
8	#167 Maurer, Jennifer	SR	Rider	5.13m	1
9	#46 Abunaw, Kelley	FR	Fordham	5.07m	+0.0
10	#157 Gebhardt, Jordyne	FR	Rider	5.03m	-1.3
11	#52 Caucci, Mary Kate	JR	Fordham	4.92m	+0.0
12	#144 Butler, Samantha	FR	Rider	4.89m	+0.0
13	#298 Brody, Tara	FR	Sacred Heart	4.59m	-2.5
---	#329 King, Devyn	SO	Sacred Heart	FOUL	

Women Triple Jump

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 11.90m &

Name	Yr	School	Finals
Finals			
1 #6 Dawson, Nicole	JR	Fairleigh Di	11.78m 10
2 #8 Dwyer, Anika	JR	Fairleigh Di	11.57m 8
3 #176 Rodriguez, Yohanny	JR	Rider	11.54m 6
4 #166 Kearney, Destiny	SR	Rider	11.35m 5
5 #318 Hoyos, Antonia	SO	Sacred Heart	11.29m 4
6 #7 Dwyer, Akemi	JR	Fairleigh Di	11.24m 3
7 #305 DeGennaro, Brianna	SO	Sacred Heart	11.18m 2
8 #167 Maurer, Jennifer	SR	Rider	10.90m 1
9 #152 Edwards, Kyla	FR	Rider	10.89m 0.7
10 #298 Brody, Tara	FR	Sacred Heart	10.51m 3.1
11 #144 Butler, Samantha	FR	Rider	10.37m +0.0
12 #52 Caucci, Mary Kate	JR	Fordham	9.78m 0.1
13 #394 Baier, Briana	FR	St. Joseph's	9.75m 1.7

Women Shot Put

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 13.60m &

Name	Yr	School	Finals
Finals			
1 #160 Hunter, Ronetta	JR	Rider	13.85m& 10
2 #165 Jules, Fidele	SO	Rider	13.14m 8
3 #333 Lavinier, Brianna	JR	Sacred Heart	12.34m 6
4 #303 Curran, Samantha	SO	Sacred Heart	11.63m 5
5 #174 Pignataro, Alexis	SR	Rider	11.29m 4
6 #171 Omozee, Joyce	FR	Rider	11.27m 3
7 #325 Kearns, Molly	FR	Sacred Heart	10.86m 2
8 #16 Peppernick, Elizabeth	SO	Fairleigh Di	9.37m 1

Women Discus Throw

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 42.50m &

Name	Yr	School	Finals
Finals			
1 #139 Berry, Ashley	SR	Rider	42.44m 10
2 #165 Jules, Fidele	SO	Rider	41.81m 8
3 #160 Hunter, Ronetta	JR	Rider	38.24m 6
4 #297 Bradway, Madelyn	SO	Sacred Heart	38.11m 5
5 #16 Peppernick, Elizabeth	SO	Fairleigh Di	35.51m 4

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Finals ... (Women Discus Throw)

Name	Yr	School	Finals
6 #504 Jackman, Jillian		Unattached	32.82m
7 #174 Pignataro, Alexis	SR	Rider	32.16m 3
8 #296 Baker, Nicole	SO	Sacred Heart	31.66m 2
9 #5 Convery, Ashleigh	FR	Fairleigh Di	28.33m 1
10 #337 Mongelli, Gessica	SO	Sacred Heart	26.98m
--- #171 Omozee, Joyce	FR	Rider	FOUL
--- #177 Ryan, Superia	SO	Rider	FOUL

Women Hammer Throw

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 51.00m &

Name	Yr	School	Finals
Finals			
1 #165 Jules, Fidele	SO	Rider	47.84m 10
2 #297 Bradway, Madelyn	SO	Sacred Heart	47.53m 8
3 #139 Berry, Ashley	SR	Rider	47.23m 6
4 #174 Pignataro, Alexis	SR	Rider	43.53m 5
5 #5 Convery, Ashleigh	FR	Fairleigh Di	42.44m 4
6 #333 Lavinier, Brianna	JR	Sacred Heart	41.53m 3
7 #177 Ryan, Superia	SO	Rider	41.05m 2
8 #325 Kearns, Molly	FR	Sacred Heart	37.25m 1
9 #77 Metzler, Casey	FR	Fordham	35.64m
10 #296 Baker, Nicole	SO	Sacred Heart	33.94m
11 #171 Omozee, Joyce	FR	Rider	30.92m
12 #344 Tanner, Lauren	SO	Sacred Heart	25.91m
13 #303 Curran, Samantha	SO	Sacred Heart	25.60m
14 #168 Moncayo, Keren	SO	Rider	21.90m
--- #16 Peppernick, Elizabeth	SO	Fairleigh Di	FOUL
--- #160 Hunter, Ronetta	JR	Rider	FOUL

Women Javelin Throw

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 41.00m &

Name	Yr	School	Finals
Finals			
1 #67 Jadoe-Seidl, Sophia	SO	Fordham	37.58m 10
2 #344 Tanner, Lauren	SO	Sacred Heart	36.59m 8
3 #341 Rich, Sierrah	FR	Sacred Heart	31.43m 6
4 #142 Bithell, Quinn	JR	Rider	26.61m 5
5 #337 Mongelli, Gessica	SO	Sacred Heart	26.04m 4
6 #177 Ryan, Superia	SO	Rider	25.40m 3
7 #18 Rodriguez, Jade	SO	Fairleigh Di	20.55m 2
8 #331 Koenig, Julia	SO	Sacred Heart	18.28m 1
9 #342 Rondeau, Carly	SO	Sacred Heart	17.63m
10 #163 Johnson, Elyssa	FR	Rider	15.28m
--- #168 Moncayo, Keren	SO	Rider	FOUL

Men 100 Meter Dash

ECAC/IC4A: 11.00 &

Name	Yr	School	Finals
Finals			
1 #31 Hislop, Ako	FR	Fairleigh Di	11.27 10
2 #44 Tapande-Ngombe, Yourry	SO	Fairleigh Di	11.35 8
3 #500 Welde, Michael	FR	St. Joseph's	11.39 6
4 #365 Dufane, Quaheem	SR	Sacred Heart	11.45 5
5 #238 Smallwood, Marcquis	SO	Rider	11.46 4
6 #197 Cephas, Michael	JR	Rider	11.47 3
7 #93 Capone, Michael	FR	Fordham	11.48 2
8 #37 O'Garro, Taeco	FR	Fairleigh Di	11.49 1
9 #449 Bryant, David	JR	St. Joseph's	11.66 -3.0
10 #236 Sawyer, Sherman	FR	Rider	11.68 -3.1
11 #368 Guerrier-Heyward, Dev	SO	Sacred Heart	11.69 -3.1
12 #443 Anderson, Greg	FR	St. Joseph's	11.70 -3.0
13 #26 Eme, Anthony	SO	Fairleigh Di	11.76 -3.1
14 #45 Velez, Nasir	SO	Fairleigh Di	11.77 -3.0
15 #464 Giordano, Vincent	SO	St. Joseph's	11.78 -3.1
16 #360 Brinken, Corry	FR	Sacred Heart	12.06 -3.0
17 #213 Isabella, Paul	FR	Rider	12.12 -3.0
18 #373 Koproski, Daniel	SO	Sacred Heart	12.34 -3.1
19 #378 Mefford, Sean	SO	Sacred Heart	12.40 -3.0

Men 200 Meter Dash

ECAC/IC4A: 22.20 &

Name	Yr	School	Finals
Finals			
1 #500 Welde, Michael	FR	St. Joseph's	22.43 10
2 #44 Tapande-Ngombe, Yourry	SO	Fairleigh Di	22.45 8
3 #460 Eaton, Sebastian	SO	St. Joseph's	22.61 6
4 #238 Smallwood, Marcquis	SO	Rider	22.63 5
5 #90 Allen, Jordan	SR	Fordham	22.63 4
6 #197 Cephas, Michael	JR	Rider	22.66 3
7 #224 Malko, Russell	SR	Rider	22.77 2
8 #192 Boyd, Shaquille	FR	Rider	22.83 1
9 #93 Capone, Michael	FR	Fordham	22.86 -2.8
10 #235 Santana, Julian	FR	Rider	22.88 -2.8
11 #365 Dufane, Quaheem	SR	Sacred Heart	22.89 -2.8
12 #449 Bryant, David	JR	St. Joseph's	22.94 -2.3
13 #236 Sawyer, Sherman	FR	Rider	23.33 -2.5
14 #26 Eme, Anthony	SO	Fairleigh Di	23.37 -2.8
15 #446 Baumgarten, Michael	FR	St. Joseph's	23.41 -2.5
16 #443 Anderson, Greg	FR	St. Joseph's	23.70 -2.5
17 #230 Ramos, Mario	SR	Rider	23.78 -2.5
18 #261 Daniluk, Andrew	FR	Rutgers	24.02 -2.5
19 #213 Isabella, Paul	FR	Rider	24.17 -2.5
20 #451 Cassidy, Joe	FR	St. Joseph's	24.43 -2.5
21 #373 Koproski, Daniel	SO	Sacred Heart	24.73 -2.5

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ECAC/IC4A: 49.20 &

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Finals			
1 #224 Malko, Russell	SR	Rider	48.36& 10
2 #38 Oglesby, Keion	SO	Fairleigh Di	48.52& 8
3 #212 Ingraham, Tahkwan	FR	Rider	48.93& 6
4 #193 Boyer, Jerome	FR	Rider	48.94& 5
5 #207 Green, James	SO	Rider	49.01& 4
6 #462 Edobi, Kris	FR	St. Joseph's	49.43 3
7 #185 Abraham, Alvin	SR	Rider	49.77 2
8 #104 Keegan, John	SO	Fordham	50.07 1
9 #476 McCoy, Barren	SR	St. Joseph's	50.10
10 #294 Zaleck, Ed	SR	Rutgers	50.16
11 #382 Pelletier, Nicholas	FR	Sacred Heart	50.50
12 #41 Perez, Brenden	SR	Fairleigh Di	51.97
13 #371 Keller, Michael	SO	Sacred Heart	52.36
14 #447 Boyle, Danny	FR	St. Joseph's	52.42
15 #101 Guthrie, Andre	SR	Fordham	52.73
16 #266 Hendricks, Aidin	SO	Rutgers	52.74
17 #230 Ramos, Mario	SR	Rider	52.76
18 #460 Eaton, Sebastian	SO	St. Joseph's	52.85
19 #469 Lemma, Aaron	JR	St. Joseph's	53.10
20 #445 Antone, Harrison	FR	St. Joseph's	53.35
21 #39 Paradise, Marcel	FR	Fairleigh Di	55.31
22 #357 Almodovar, Phillip	SO	Sacred Heart	55.54
--- #482 Moscoe, Justin	JR	St. Joseph's	DNF

Men 800 Meter Run

ECAC/IC4A: 1:54.00 &

Name	Yr	School	Finals
Finals			
1 #499 Walker, John	JR	St. Joseph's	1:53.11& 10
2 #222 Long, Tom	JR	Rider	1:53.73& 8
3 #478 Michon, Zachary	JR	St. Joseph's	1:53.95& 6
4 #498 Szwed, Michael	FR	St. Joseph's	1:54.11 5
5 #129 Sullivan, Sean	JR	Fordham	1:54.61 4
6 #251 Barnes, Eric	SO	Rutgers	1:55.17 3
7 #190 Belay, Dannel	SR	Rider	1:55.35 2
8 #491 Robinson, Trae'	JR	St. Joseph's	1:57.31 1
9 #489 Richard, Josh	SO	St. Joseph's	1:57.35
10 #470 Linares-Martin, Javier	FR	St. Joseph's	1:57.35
11 #215 Jean-Baptiste, Isaiah	JR	Rider	1:57.91
12 #240 Souffrant, Kenley	FR	Rider	1:57.96
13 #263 Demos, Dimitri	SR	Rutgers	1:58.24
14 #452 Clark, Joshua	JR	St. Joseph's	1:58.31
15 #225 Mazzei, Mike	FR	Rider	1:58.35
16 #120 Phillips, Sean	SR	Fordham	1:58.58
17 #493 Scarpill, Matt	SO	St. Joseph's	1:58.64
18 #495 Sponaugle, Will	SR	St. Joseph's	1:58.76
19 #285 Steinberg-McElroy, Stev	SO	Rutgers	1:58.80
20 #32 Ismail, Zubayr	SO	Fairleigh Di	1:59.17
21 #461 Eddinger, Dylan	SR	St. Joseph's	1:59.48
22 #115 Milite, Jordan	JR	Fordham	1:59.81

23	#220 Lazorcak, Andrew	FR	Rider	1:59.97
24	#284 Smith, Chris	FR	Rutgers	2:00.06
25	#244 Vineyard, Donny	FR	Rider	2:00.13
26	#188 Avolio, Thomas	SO	Rider	2:00.95
27	#119 O'Connell, Jack	FR	Fordham	2:00.97
28	#98 Dineen, Patrick	SR	Fordham	2:00.98
29	#97 Dineen, Kevin	SO	Fordham	2:01.22
30	#233 Rodriguez, Luis	FR	Rider	2:02.01
31	#479 Mink, Dan	SO	St. Joseph's	2:02.44
32	#388 Thurlow, Gavin	SO	Sacred Heart	2:02.72
33	#496 Steinhoff, George	FR	St. Joseph's	2:03.00
34	#264 Downey, Ryan	SO	Rutgers	2:03.23
35	#444 Angelina, Joey	JR	St. Joseph's	2:03.83
36	#127 Serino, Dylan	SO	Fordham	2:04.04
37	#247 Zappala, Jake	FR	Rider	2:04.40
38	#95 Clay, Joe	FR	Fordham	2:04.49
39	#490 Roberts, Christian	JR	St. Joseph's	2:04.60
40	#484 Parker, Colin	JR	St. Joseph's	2:04.73
41	#116 Misko, Antony	SO	Fordham	2:05.25
42	#487 Price, Tom	FR	St. Joseph's	2:06.39
43	#22 Cadas, Justin	FR	Fairleigh Di	2:06.69
44	#25 Elysee, Sandley	SO	Fairleigh Di	2:06.73
45	#39 Paradise, Marcel	FR	Fairleigh Di	2:16.18
46	#30 Hammad, Abdallah	SR	Fairleigh Di	2:18.02
47	#42 Rotich, Noah	SR	Fairleigh Di	2:19.66
48	#29 Graham, Christopher	FR	Fairleigh Di	2:22.84
---	#260 Comito, Andrew	JR	Rutgers	DNF

Men 1500 Meter Run

ECAC/IC4A: 3:56.50 &

Name	Yr	School	Finals
Finals			
1 #496 Steinhoff, George	FR	St. Joseph's	4:02.92 10
2 #501 Murphy, Conor		Unattached	4:02.97
3 #495 Sponaugle, Will	SR	St. Joseph's	4:03.94 8
4 #493 Scarpill, Matt	SO	St. Joseph's	4:04.11 6
5 #494 Smith, Zach	FR	St. Joseph's	4:04.67 5
6 #246 Woodward, Ben	FR	Rider	4:04.80 4
7 #40 Parks, Shevan	JR	Fairleigh Di	4:07.09 3
8 #290 Walsh, Patrick	SO	Rutgers	4:08.19 2
9 #444 Angelina, Joey	JR	St. Joseph's	4:08.79 1
10 #133 Whelan, William	SO	Fordham	4:10.91
11 #210 Heredia, Kevin	FR	Rider	4:10.93
12 #200 Daurio, Danny	SO	Rider	4:10.96
13 #107 La duca, Jeremiah	FR	Fordham	4:11.75
14 #442 Amaral, Antonio	JR	St. Joseph's	4:13.14
15 #43 Simon, Jacob	SR	Fairleigh Di	4:13.58
16 #250 Barkouch, Younass	SO	Rutgers	4:13.95
17 #490 Roberts, Christian	JR	St. Joseph's	4:14.08
18 #260 Comito, Andrew	JR	Rutgers	4:14.15
19 #492 Sauer, Aidan	FR	St. Joseph's	4:14.65
20 #461 Eddinger, Dylan	SR	St. Joseph's	4:14.77
21 #231 Riley, Connor	SR	Rider	4:14.82
22 #479 Mink, Dan	SO	St. Joseph's	4:17.46
23 #380 Pandolfo, Nicholas	JR	Sacred Heart	4:20.57

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Results

Finals ... (Men 1500 Meter Run)

Name	Yr	School	Finals
24 #467 Houston, Rory	SR	St. Joseph's	4:21.11
25 #199 Collado, Eric	FR	Rider	4:21.94
26 #42 Rotich, Noah	SR	Fairleigh Di	4:27.83
27 #457 D'Auria, Matt	FR	St. Joseph's	4:30.97
28 #22 Cadas, Justin	FR	Fairleigh Di	4:33.96
29 #33 KipChirchir, Amos	SR	Fairleigh Di	4:41.65
30 #30 Hammad, Abdallah	SR	Fairleigh Di	4:57.86

Men 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 #453 Crilly, Collin	SR	St. Joseph's	8:40.22 10
2 #103 Hall, Brandon	FR	Fordham	8:45.28 8
3 #450 Bunch, Ben	FR	St. Joseph's	8:57.37 6
4 #468 Hutchison, Shawn	SR	St. Joseph's	8:58.88 5
5 #473 Macpherson, Sean	SR	St. Joseph's	8:58.92 4
6 #455 Daly, Jack	SR	St. Joseph's	9:02.60 3
7 #480 Morelli, Anthony	SR	St. Joseph's	9:05.95 2
8 #290 Walsh, Patrick	SO	Rutgers	9:07.72 1
9 #99 Donahue, Patrick	JR	Fordham	9:08.83
10 #374 Krchnavy, Dane	SR	Sacred Heart	9:13.12
11 #448 Branco, Justin	SR	St. Joseph's	9:14.48
12 #466 Higley, Tommy	JR	St. Joseph's	9:15.33
13 #463 Gallagher, Colin	JR	St. Joseph's	9:19.03
14 #268 Hindley, Cade	FR	Rutgers	9:23.87
15 #454 Daly, Ira	FR	St. Joseph's	9:24.09
16 #269 Hindley, Cole	FR	Rutgers	9:24.48
17 #391 Valle, Alec	FR	Sacred Heart	9:29.65
18 #486 Price, Brendan	SO	St. Joseph's	9:30.97
19 #130 Tuohy, Patrick	FR	Fordham	9:32.75
20 #43 Simon, Jacob	SR	Fairleigh Di	9:35.76
21 #112 Mena, Alberto	SO	Fordham	9:36.03
22 #472 Macpherson, Jimmy	SO	St. Joseph's	9:53.11
23 #270 Hutchison, Nicholas	FR	Rutgers	10:06.49

Men 110 Meter Hurdles

ECAC/IC4A: 14.90 &

Name	Yr	School	Finals
Finals			
1 #192 Boyd, Shaquille	FR	Rider	17.46 10
2 #261 Daniluk, Andrew	FR	Rutgers	18.64 8
3 #110 Mc keown, Connor	FR	Fordham	18.77 6
4 #92 Byrne, Andrew	JR	Fordham	19.14 5

Men 400 Meter Hurdles

ECAC/IC4A: 54.00 &

Name	Yr	School	Finals
Finals			
1 #474 Magee, Kyle	FR	St. Joseph's	55.55 10
2 #245 White, La'Shan	FR	Rider	55.59 8
3 #232 Rivera-Sharp, Noah	FR	Rider	55.59 6
4 #105 Krug, Chase	FR	Fordham	57.06 5
5 #203 Fitzpatrick, Demetrious	SR	Rider	58.79 4

6	#361 Cleveland, Evan	JR	Sacred Heart	58.92	3
7	#45 Velez, Nasir	SO	Fairleigh Di	59.39	2
8	#456 Dao, Ryan	FR	St. Joseph's	1:00.01	1
9	#34 Malone, Brandon	FR	Fairleigh Di	1:07.11	

Men 3000 Meter Steeplechase

ECAC/IC4A: 9:22.00 &

Name	Yr	School	Finals
Finals			
1 #485 Podles, John	SR	St. Joseph's	9:52.38 10
2 #234 Ruskan, Scott	SO	Rider	9:55.31 8
3 #253 Berger, Will	FR	Rutgers	9:59.07 6
4 #362 Corbett, Ryan	SO	Sacred Heart	10:08.11 5
5 #241 Spector, Will	FR	Rider	10:17.82 4
6 #477 McGrory, Jon	FR	St. Joseph's	10:26.49 3
7 #379 Murray, Sean	FR	Sacred Heart	10:26.71 2
8 #387 Tavernite, Jake	SR	Sacred Heart	10:28.10 1
9 #195 Brown, Matthew	SR	Rider	10:51.31
10 #383 Picard, Corey	FR	Sacred Heart	10:56.72
11 #204 Gonzalez, Mathew	SR	Rider	11:03.32
12 #29 Graham, Christopher	FR	Fairleigh Di	11:12.56
13 #375 Lawless, Thomas	FR	Sacred Heart	11:15.30

Men 4x100 Meter Relay

ECAC/IC4A: 42.50 &

Team	Relay	Finals
Finals		
1 Rider	A	41.27& 10
2 Fairleigh Dickinson	A	42.33& 8
3 St. Joseph's (Pa.)	A	42.52 6
4 Fordham	A	42.80 5
5 Sacred Heart	A	43.13 4
6 St. Joseph's (Pa.)	B	44.43

Men 4x400 Meter Relay

ECAC/IC4A: 3:17.60 &

Team	Relay	Finals
Finals		
1 Rider	A	3:17.22& 10
2 St. Joseph's (Pa.)	A	3:17.64 8
3 Fairleigh Dickinson	A	3:24.77 6
4 Rider	B	3:25.80
5 Rutgers	A	3:28.06 5
6 St. Joseph's (Pa.)	B	3:28.74
7 Fordham	A	3:30.21 4
8 St. Joseph's (Pa.)	C	3:31.62
9 St. Joseph's (Pa.)	D	3:35.22
10 Sacred Heart	A	3:35.97 3
11 Fairleigh Dickinson	B	3:45.56
12 Fairleigh Dickinson	C	3:47.83

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Rider University

Results

Men High Jump

All measurements must be in Metric

Opening Height - 1.74m

1.74-1.79-1.84-1.89-1.94-1.99-2.02- 2.05-2.08-2.11

ECAC/IC4A: 2.02m &

Name	Yr	School	Finals
Finals			
1 #274 Lorenzo, Jordan	SR	Rutgers	2.02m& 10
2 #218 Kolli, Soham	FR	Rider	1.94m 8
3 #123 Reardon, Nik	SO	Fordham	1.89m 6
4 #459 Dwyer, Phillip	SO	St. Joseph's	1.79m 5

Men Pole Vault

All measurements must be in Metric

Opening Height - 3.50m

3.50-3.65-3.80-3.95- 4.10-4.25-4.40-4.55-4.70-4.85- 4.95- 5.05-

ECAC/IC4A: 4.85m &

Name	Yr	School	Finals
Finals			
1 #255 Brovero, Jarrod	JR	Rutgers	4.25m 10
2 #92 Byrne, Andrew	JR	Fordham	3.95m 8
3 #214 Jadoo, Vijesh	SR	Rider	3.95m 6
--- #110 Mc keown, Connor	FR	Fordham	NH
--- #243 Thomas, Justin	FR	Rider	NH

Men Long Jump

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 7.00m &

Name	Yr	School	Finals
Finals			
1 #291 Warren, Patrick	JR	Rutgers	7.05m& 10
2 #123 Reardon, Nik	SO	Fordham	6.99m 8
3 #201 Dowie, Ethan	SR	Rider	6.88m 6
4 #111 McGraw, Ryan	SO	Fordham	6.70m 5
5 #236 Sawyer, Sherman	FR	Rider	6.64m 4
6 #235 Santana, Julian	FR	Rider	6.56m 3
7 #216 Killiebrew, Allen	SR	Rider	6.47m 2
8 #237 Siley, Matt	SO	Rider	6.46m 1
9 #92 Byrne, Andrew	JR	Fordham	6.37m 0.1
10 #26 Eme, Anthony	SO	Fairleigh Di	6.36m -0.1
11 #110 Mc keown, Connor	FR	Fordham	6.15m -1.3

Men Triple Jump

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 14.45m &

Name	Yr	School	Finals
Finals			
1 #211 Horn, Michael	SR	Rider	14.36m 10
2 #216 Killiebrew, Allen	SR	Rider	13.97m 8
3 #378 Mefford, Sean	SO	Sacred Heart	12.80m 6
4 #373 Koproski, Daniel	SO	Sacred Heart	12.57m 5
5 #111 McGraw, Ryan	SO	Fordham	12.47m 4

6 #218 Kolli, Soham FR Rider 12.29m 3

Men Shot Put

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 15.75m &

Name	Yr	School	Finals
Finals			
1 #390 Turner, Christian	JR	Sacred Heart	15.57m 10
2 #223 Maid, Adam	SO	Rider	15.21m 8
3 #23 Clay, Benjamin	FR	Fairleigh Di	14.83m 6
4 #503 Del Valle, Allen		Unattached	14.49m
5 #386 Suarez, Andy	SO	Sacred Heart	13.01m 5
6 #28 Gere, Austin	SO	Fairleigh Di	12.75m 4
7 #502 Gephart, Sam		Unattached	11.81m
8 #35 Mioduszewski, Roman	FR	Fairleigh Di	11.73m 3
9 #205 Gorman, Patrick	SO	Rider	11.64m 2
10 #239 Solomon, Alex	SR	Rider	11.33m 1
11 #36 Moore, Tyrese	FR	Fairleigh Di	10.29m

Men Discus Throw

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 47.00m &

Name	Yr	School	Finals
Finals			
1 #390 Turner, Christian	JR	Sacred Heart	41.27m 10
2 #386 Suarez, Andy	SO	Sacred Heart	39.93m 8
3 #196 Campbell, Cody	SR	Rider	38.81m 6
4 #23 Clay, Benjamin	FR	Fairleigh Di	38.72m 5
5 #219 Kraemer, Matthew	SR	Rider	38.64m 4
6 #227 Poetsch, Kyle	JR	Rider	37.05m 3
7 #132 Wargo, Alec	FR	Fordham	34.73m 2
8 #208 Gromlich, Connor	JR	Rider	32.32m 1
9 #124 Regan, John	FR	Fordham	28.14m
10 #92 Byrne, Andrew	JR	Fordham	27.65m
11 #110 Mc keown, Connor	FR	Fordham	25.13m
--- #28 Gere, Austin	SO	Fairleigh Di	FOUL
--- #503 Del Valle, Allen		Unattached	FOUL
--- #377 McDade, Liam	JR	Sacred Heart	FOUL

Men Hammer Throw

All measurements must be in Metric

Top 8 from trials advance to finals

ECAC/IC4A: 52.50m &

Name	Yr	School	Finals
Finals			
1 #219 Kraemer, Matthew	SR	Rider	55.79m& 10
2 #227 Poetsch, Kyle	JR	Rider	49.05m 8
3 #390 Turner, Christian	JR	Sacred Heart	45.38m 6
4 #196 Campbell, Cody	SR	Rider	40.82m 5
5 #356 Adzenyah, Kwame	JR	Sacred Heart	40.24m 4
6 #132 Wargo, Alec	FR	Fordham	40.09m 3
7 #386 Suarez, Andy	SO	Sacred Heart	38.74m 2
8 #205 Gorman, Patrick	SO	Rider	37.60m 1

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	Name	Yr	School	Finals
9	#28 Gere, Austin	SO	Fairleigh Di	36.68m
10	#23 Clay, Benjamin	FR	Fairleigh Di	33.80m
11	#239 Solomon, Alex	SR	Rider	31.05m
12	#377 McDade, Liam	JR	Sacred Heart	30.87m
13	#198 Chesonis, Stephen	JR	Rider	29.75m
14	#229 Ragusa, Anthony	FR	Rider	28.76m
15	#124 Regan, John	FR	Fordham	27.64m
16	#36 Moore, Tyrese	FR	Fairleigh Di	25.65m

Men Javelin Throw**All measurements must be in Metric****Top 8 from trials advance to finals****ECAC/IC4A: 58.50m &**

	Name	Yr	School	Finals
Finals				
1	#229 Ragusa, Anthony	FR	Rider	64.74m& 10
2	#189 Bagnell, Christopher	FR	Rider	58.82m& 8
3	#228 Poloso, Greg	FR	Rider	58.58m& 6
4	#198 Chesonis, Stephen	JR	Rider	51.26m 5
5	#502 Gephart, Sam		Unattached	49.69m
6	#122 Rainville, Raymond	FR	Fordham	48.26m 4
7	#35 Mioduszewski, Roman	FR	Fairleigh Di	39.23m 3
8	#27 Ferrara, Francis	JR	Fairleigh Di	36.21m 2
9	#377 McDade, Liam	JR	Sacred Heart	32.06m 1

Women - Team Rankings - 19 Events Scored

1)	Rider	269
2)	Fairleigh Dickinson	150
3)	Sacred Heart	128
4)	St. Joseph's (Pa.)	106
5)	Fordham	59

Men - Team Rankings - 19 Events Scored

1)	Rider	248
2)	St. Joseph's (Pa.)	150
3)	Fordham	84
4)	Sacred Heart	80
5)	Fairleigh Dickinson	77
6)	Rutgers	55